

 <p>THE TRANSFORMED LIFE A Study of Romans</p>	<p>The Transformed Life "Joy and Refreshment" Scott Kelly July 19th, 2020</p> <p>You can download or listen to this and other messages from CAC at www.CACharrisburg.com.</p>
--	--

32 so that by God's will I may come to you with joy and be refreshed in your company.

Romans 15:32

Paul's anticipated experience in Rome:

1. He will come to them with joy.

Notes on Joy:

"If we pursue joy in our circumstances, we are guaranteed a life of disappointment. But when we seek joy in Christ, what he has done for us, and the progress of the gospel, we can experience unshakable joy."

Dr. Harmon

2. He will experience refreshment in their company.

Notes on Refreshment:

Two Current Problems in Culture:

- 1. Misplaced joy.**
- 2. Not experiencing the refreshment of others.**

Reflection:

Where is your joy?

How are you being refreshed by and refreshing others?