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Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. ² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. Romans 12:1-2

Outline of Romans

Romans Chapters 1-11: Focus on Doctrine and Theology Romans Chapters 12-16: The Christian Life

What does it mean to offer your body as a living sacrifice?

Why is that true and proper worship?

What does it look like to be transformed by the renewing of our minds?