



“Spring Cleaning”

Psalm 139:23-24

Scott Kelly April 2, 2017

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Spring Cleaning in our Spiritual Lives

1. _____ the _____ we _____.

²³ Search me, God, and know my heart;
test me and know my anxious thoughts.

²⁴ See if there is any offensive way in me,
and lead me in the way everlasting.

~Psalm 139:23-24~

a. Carefully _____ your _____ life.

²³ Above all else, guard your heart,
for everything you do flows from it.

~Proverbs 4:23~

b. Don't be the _____ person _____ into
_____ life.

2. We need to _____ the _____.

²⁷ “You have heard that it was said, ‘You shall not commit adultery.’²⁸ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.

~Matthew 5:27-28~

3. We must confess to God.

⁸ If we claim to be without sin, we deceive ourselves and the truth is not in us. ⁹ If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

~1 John 1:8-9~

4. We need to _____ the _____ we
_____ and embrace a _____
_____.

“Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.”

~2 Corinthians 7:1~

Notes:



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1. Examine the way we live.

²³ Search me, God, and know my heart;
test me and know my anxious thoughts.

²⁴ See if there is any offensive way in me,
and lead me in the way everlasting.

~Psalm 139:23-24~

a. Carefully consider your internal life.

²³ Above all else, guard your heart,
for everything you do flows from it.

~Proverbs 4:23~

b. Don't be the only person speaking into your life.

2. We need to eliminate the junk.

²⁷ “You have heard that it was said, ‘You shall not commit adultery.’²⁸ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.

~Matthew 5:27-28~

3. We must confess to God.

⁸ If we claim to be without sin, we deceive ourselves and the truth is not in us. ⁹ If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

~1 John 1:8-9~

4. We need to change the way we live and embrace a holy life.

“Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.”

~2 Corinthians 7:1~

Notes: